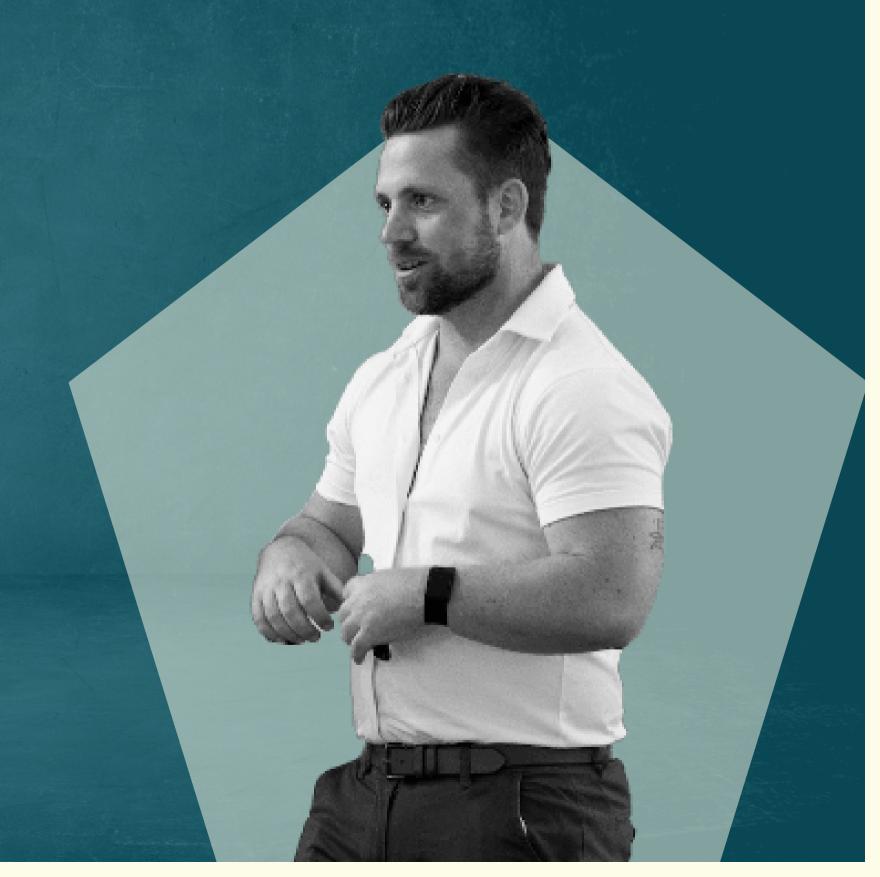
Empowering people, growing businesses.

GROWING TEAMS CREATING CHANGE RETAINING PEOPLE.

I help great businesses attract, engage and importantly, retain top-tier talent.





It costs

16%

of an annual salary to replace high-turnover, low-paying roles

And an extra 4%

of total payroll costs is put aside for employee well-being programs.

Yet...

42%

of new hires will still leave within the first 90 days.

The Problem

A disconnect lingers between what employers provide and what employees require.

Leadership strategies, HR practices, and benefits packages are struggling to meet the evolving needs of today's workforce.

WHY ME?

My unique selling point is not merely my approach but my past.

I was once the employee for whom businesses implemented systems to protect, optimise, and retain and yet I still fell through the cracks.

With an emphasis on personalised strategies and a deep commitment to understanding the unique threads that weave your organisation together, I do more than offer advice...

I elevate your ability to inspire and retain talent.

Bridging lived experience with robust analysis to deliver actionable insights.





PREVIOUSLY

SANDERSON



Joshua Nolam Foundation



CODEBASE













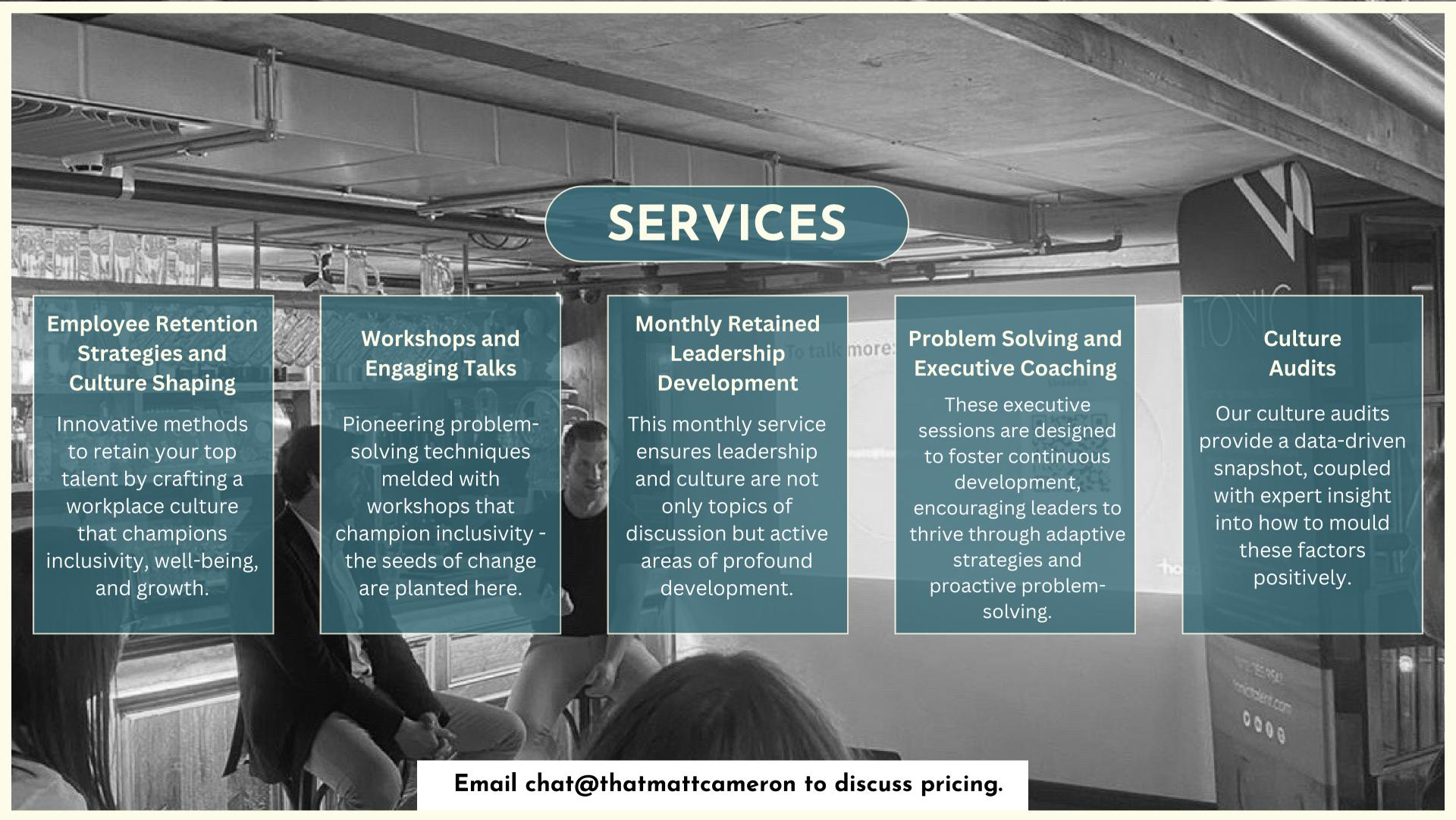




Hospitality
Mavericks
The Podcast Show



WORLD OF WORK PODCAST



TESTIMONIALS



GENERAL MANAGER

SANDERSON



The session that Matt led with our team was engaging and inspiring.

He tailored it to suit our objectives - it felt personal to the team rather than a standard presentation that is always delivered no matter the audience.

This made it more relevant and helped to win trust. Matt's story is captivating.

His unique take on retention is a must for every business, no matter how you think you're doing today

TESTIMONIALS



MANAGING DIRECTOR



midlands hospitality Matt looks at 'Happiness in Hospitality' in a different and very clever way.

The attendees all had such positive feedback, I am certain that anyone who employed Matt to work with them would see an increase in their true employee satisfaction immediately.

Matt is a really likeable guy, he is passionate and he is knowledgeable.

I would urge any hospitality leader (corporate to indy) to get in touch with Matt and see how he can help your business - you will not be disappointed with the results.

TESTIMONIALS

THORRANZE J. Z. CHEUNG
FOUNDER & DIRECTOR

Time Machine + folks

66

We are impressed by his unique point of view and knowledge on building a healthy and productive team.

His motivation and approach are deeply associated with and informed by his journey of self-realisation and self-transformation, which are exceptionally authentic and powerful.

I highly recommend that business leaders in all industries consider his service to help optimise your team's wellness and performance, which will help talent retention and business continuity in the long run.

